



Pharmacy Reviews

Safer regimens. Smarter spend.

CMRS's Pharmacy Review program addresses high-cost, high-risk, and clinically complex medication regimens across Workers' Compensation, Disability, Group Health, Auto, and Liability claims. Our reviews go beyond simple repricing or formulary matching — they apply clinical judgment to questions of medical necessity, polypharmacy risk, opioid stewardship, drug interactions, off-label use, and alignment with evidence-based guidelines.

Every review is performed by board-certified medical expertise familiar with both the clinical and operational realities of insurance claims. We deliver written, defensible determinations that your claims team, attorneys, and pharmacy benefit managers can act on with confidence.

Specific programs include opioid stewardship reviews (appropriateness, dosing trajectory, MED equivalents, alternatives); compounded medication reviews; polypharmacy and deprescribing analysis; high-cost specialty drug reviews; and behavioral health pharmacy reviews covering psychotropics and controlled substances.

Our Pharmacy Review Process

1. Clinical Triage and Specialty Match

Our pharmacy review team triages every file for complexity — flagging regimens involving opioids, benzodiazepines, compounded medications, polypharmacy patterns, and high-cost specialty drugs for deeper clinical review. Complex regimens are matched to physicians whose clinical practice is relevant to the underlying condition: pain management, internal medicine, psychiatry, oncology, or other specialty as indicated.

2. Evidence-Based Clinical Determination

The reviewing physician evaluates medical necessity, dosing, duration, interactions, polypharmacy risk, and alignment to functional goals. Every recommendation cites the relevant evidence-based source: ODG, CA MTUS, CDC opioid prescribing guidelines, FDA labeling, AHFS, or specialty society practice parameters as applicable to the jurisdiction.

3. Quality Assurance and Defensible Reporting

Every report passes through QA before delivery — checked for clinical reasoning, citation accuracy, completeness, and direct response to your referral question. Reports are formatted for utilization management and appeal use, with same-day and next-day rush capability when the claim demands it.

BENEFITS

- Physician-led pharmacy reviews — board-certified clinical leadership
- Opioid stewardship, polypharmacy, and specialty drug program reviews
- Compounded medication appropriateness and safety analysis
- Behavioral health pharmacy expertise (psychotropics, controlled substances)
- Citations to ODG, CDC, AAPM, FDA, and state-specific guidelines
- Defensible documentation for utilization management and appeal decisions
- Same-day and next-day rush availability

WHY CHOOSE CMRS

CMRS occupies the rare middle ground in independent medical review: large enough to service any size account, yet small enough to never lose sight of customer service.

■ Physician-Led, Not Pharmacist-Only

Our pharmacy reviews are led by a board-certified physician — Dr. Robert Boolbol, M.D., M.B.A., a 25-year anesthesiologist and pain-management specialist — bringing clinical authority to every regimen decision.

■ Clinical Quality That Reduces Appeals

Our clinical-first approach produces reports that hold up under scrutiny. CMRS clients consistently see lower appeal rates because each determination stands on documented clinical reasoning, not a checkbox citation.

■ Right-Sized Capacity

Whether you need ten reviews a month or thousands, CMRS scales to meet your volume without surrendering personal attention.

■ Customer Service First

You get a named account team and direct phone access, not a ticket queue. Responsiveness is built into every engagement.

"Pharmacy review is not about repricing — it is about asking whether the regimen still makes clinical sense. A defensible answer to that question is what protects the claim, the carrier, and ultimately the patient."



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